

Spanish – Comida Y Bebida



La comida y la bebida	Food and drink		
almorzar	to have lunch	el zumo de naranja	orange juice
beber	to drink	el bocadillo	sandwich
comer	to eat	la ensalada	salad
cenar	to have tea	el chocolate	chocolate
desayunar	to have breakfast	el agua mineral	water
merendar	to snack	el refresco	fizzy drink
tomar	to have	las frutas	fruit
la cena	dinner	el jamón	ham
la comida	lunch	el queso	cheese
el desayuno	breakfast	el atún	tuna
la merienda	snack	la tarta	cake
el agua	water	las verduras	vegetables
la bebida	drink	la carne	meat
la leche	milk	la hamburguesa	burger
el zumo	juice	el pescado	fish
la limonada	lemonade	el pollo	chicken
el café	coffee	las patatas	potatoes
el té	tea	el arroz	rice
los cereales	cereal	la sopa	soup
la mermelada	jam	un pastel	pie
la tostada	toast	las fajitas	chicken wrap
los huevos	eggs	las galletas	biscuits
las salchichas	sausages	los caramelos	sweets
la mantequilla	butter	el pan	bread
el yogur	yoghurt	el marisco	seafood

¿Qué comes?	What do you eat?		
como	I eat	fue	it was
comemos	we eat	comía	I used to eat
come	he/she eats	bebía	I used to drink
comen	they eat	era	it used to be
bebo	I drink	voy a comer	I am going to eat
			I am going to drink
bebemos	we drink	voy a beber	I am going to be
bebe	he/she drinks	va a ser	it is going to be
beben	they drink	voy a ir	I am going to go
comí	I ate	me gustaría comer	I would like to eat
bebí	I drank	sería	it would be
fui	I went	comería	I would eat

¡Qué delicioso!	How delicious!		
delicioso/a	delicious	amargo/a	bitter
sabroso/a	tasty	dulce	sweet
rico/a	tasty	insípido/a	bland/tasteless
repugnante	disgusting	picante	spicy
asqueroso/a	disgusting	tradicional	traditional
sano/a	healthy	variado/a	varied
malsano/a	unhealthy	contiene	it contains
salado/a	salty	incluye	it includes
nutritivo/a	nutritious	ingrediente	ingredient

Una vida sana	A healthy lifestyle		
la energía	energy	llevo	I lead
el nutriente	nutrients	lleva	he/she leads
la porción	portion	llevamos	we lead
la proteína	protein	llevan	they lead
la grasa	fat	intento	I try
la dieta	diet	la comida rápida	fast food
equilibrado/a	balanced	la comida basura	junk food
variado/a	varied	importante	important

En el restaurante	In the restaurant
voy a tomar	I'm going to have
¿Qué va a tomar?	What are you going to have?
de primer plato	for first course
de segundo plato	for second course
de postre	for dessert
para beber	to drink
el menú	the menu
la cuenta	the bill
servir	to serve
un(a) camarero/a	a waiter/waitress
alérgico	allergic
vegano	vegan
vegetariano	vegetarian
¿Cuánto cuesta?	How much does it cost?
cuesta	it costs
una mesa	a table
para dos personas	for two people

FRASES FENOMENALES

he probado	I have tried	siempre he querido	I have always wanted
he comido	I have eaten	riquísimo/a	really tasty
cuesta un ojo de la cara	it costs and arm and a leg	me hace la boca agua	it makes me mouth water



HOW TO FORM THE PAST PRETERITE TENSE!

STEP 1

Take the infinitive (a verb ending in AR, ER, IR)

visitar
beber
decidir

STEP 2

Take off the AR, ER, IR

visita
bebe
decid

STEP 3

Add an ending (AR – aba, ER/IR – ía)

visité - ¡ visited
bebí - ¡ drank
decidí - ¡ decided

HOW TO FORM THE NEAR FUTURE TENSE!

STEP 1

Take the verb ir in the present tense

I - voy
He/she - va
We - vamos
They - van

STEP 2

Add a

voy + a
va + a
vamos + a
van + a

STEP 3

Add the infinitive

voy + a + comer
va + a + comer
vamos + a + comer
van + a + comer



PRACTISING PHONICS

Remember that we have different phonics in Spanish. This means we need to look for specific letters and change the way we would say the word.

í - ee v - b ñ - ny ll - y qu - k c - th z - th
g - h j - h

Can you remember how we pronounce certain letters in Spanish?

Practise out loud with some of these words:

dulce tradicional delicioso zumo verduras
arroz voy cereales mantequilla galletas
equilibrado vegetariano almuerzo energía

KEY QUESTIONS

¿Qué comes normalmente? *What do you normally eat?* Normalmente como cereales para el desayuno porque es rápido y para el almuerzo, me gusta un bocadillo de atún
 ¿Qué desayunas? *What do you have for breakfast?* Desayuno la tostada con Nutella
 ¿Qué almuerzas? *What do you have for lunch?* Almuerzo una ensalada de pollo y es rica
 ¿Qué cenas? *What do you have for tea?* Ceno la carne con patatas y verduras, es muy sano
 ¿Cuál es tu comida favorita? *What is your favourite food?* Mi comida favorita es la pizza
 ¿Qué comiste ayer? *What did you eat yesterday?* Ayer comí fruta con yogur y fue muy sabrosa
 ¿Qué vas a comer mañana? *What are you going to eat tomorrow?* Voy a comer espagueti
 ¿Llevas una vida sana? *Do you lead a healthy life?* Llevo una vida sana porque como cinco raciones de fruta y verduras al día y bebo dos litros de agua porque es beneficioso

REVISION CHECKLIST

- Can I say what I eat normally and how often?
- Can I say what I eat for breakfast, lunch and tea?
- Can I say what my favourite food is and why?
- Can I say what I ate for breakfast, lunch and tea yesterday?
- Can I say what I am going to eat tomorrow or at the weekend?
- Can I say whether I live a healthy life and why?
- Can I use and form the near future tense?
- Can I use and form the past preterite tense?
- Can I remember 20 foods in Spanish?
- Can I remember 5 drinks in Spanish?
- Can I remember 15 adjectives to describe food in Spanish?



HOW TO REVISE!

MINDMAPS & FLASHCARDS

Mind Map and write down key vocab from different topics on flash cards, the English on one side and the Spanish on the other. Use these to:

- test yourself - have family test you - play Snap

QUIZLET Go to www.quizlet.com. You should have your account set up.

Play games to practise the vocabulary you learn in your lessons.

BBC BITESIZE Go to <https://www.bbc.co.uk/bitesize/subjects/zfckjxs> and find the topic you are studying. Try the activities & look at the topic specific pages.

MEDIA Listen to Spanish songs or watch TV/films you've seen before, changing the audio to Spanish.

WRITING AND SPEAKING CHECKLIST

- present tense to talk about myself (como, bebo, desayuno, llevo, ceno)
- key vocabulary (comida, bebida, desayuno, almuerzo, cena)
- connectives (y, pero, también, porque, ya que, sin embargo)
- adjectives (delicioso, rico, sabroso, nutritivo, grasiento, picante)
- third person (le gusta, dice que, come, bebe, comemos, bebemos)
- past preterite tense (me gustó, comí, bebí, fui, fue)
- near future tense (voy a comer, voy a beber, va a ser, voy a ir)
- comparative (más que, menos que)
- sentence starters (diría que, pienso que, en mi opinión, por otro lado)
- exclamations (¡Qué rico! ¡Qué sano!)
- past imperfect tense (me gustaba, comía, bebía)
- conditional tense (me gustaría, sería, comería, bebería)

Have you included them all?

